

DATE

NAME

ADDRESS LINE 1

ADDRESS LINE 2

CITY, PROVINCE, POSTAL CODE

DEAR MS. LAST NAME:

Welcome to the Alberta Breast Cancer Screening Program (ABCSP)

The ABCSP is coordinated by Alberta Health Services in partnership with the Alberta Society of Radiologists. The ABCSP aims to find breast cancer early. Regular screening with mammography is the best way to find breast cancer early, when treatment works the best. Because you're 50 to 74 years of age, you've been included in this important program.

If you haven't had a mammogram in the last 2 years, please consider making an appointment.

Where can I have my free screening mammogram?

To find a clinic near you, call **1-866-727-3926** or visit our website at **screeningforlife.ca** and click on "Breast" then "How to Book a Mammogram".

Mammography alone doesn't find all breast cancer. That's why it's important to:

- know what looks and feels normal for you so you will notice any changes in your breasts
- see your doctor right away if you notice anything unusual (*the enclosed brochure has more information*).

Note: Computer-aided detection (CAD) is a tool that may help a radiologist review your screening mammogram. CAD is offered at some clinics and there may be a charge. At this time, evidence about the benefits and risks of using CAD are unclear. You are under no obligation to pay for CAD. Your screening mammogram is free of charge.

To learn more about the ABCSP and about how we protect your privacy, **please see the reverse**. Please read the enclosed brochure to learn about the benefits and risks of screening mammograms. You can also visit our website at screeningforlife.ca or call 1-866-727-3926 for more information.

Sincerely,



Dr. Huiming Yang
Medical Director, Screening
Alberta Health Services

Frequently Asked Questions

The Alberta Breast Cancer Screening Program (ABCSP) is coordinated by Alberta Health Services in partnership with the Alberta Society of Radiologists. The ABCSP works with your healthcare provider and the radiology clinic to send your screening mammogram results directly to you.

Why is screening mammography so important?

- Regular screening with mammography is the best way we have to find breast cancer early, when treatment works the best.

Who can have screening mammograms?

All women 40 years and older can have screening mammograms.

- If you're 40 to 49, talk with your healthcare provider about your breast cancer risk and your need for screening mammography.
- If you're 50 to 74, regular screening mammography is recommended.
- If you're 75 and over, ask your healthcare provider if screening mammography needs to be part of your breast health routine.

If you notice something different about your breasts, talk to your healthcare provider. You may need a diagnostic mammogram and/or other breast imaging.

How does the ABCSP work?

After you've had a screening mammogram:

- You will still have screening mammograms from the radiology clinic of your choice.
- The radiology clinic will send your test results to both you and your healthcare provider. The radiology clinic also sends your results to the ABCSP.

If you're 40 to 74 years old, the ABCSP will be sending reminders in the future when your next screening mammogram is overdue.

How did you get my name and address?

Alberta Health, under the Health Information Act, provides ABCSP with the names and addresses of women in Alberta so that we can send you letters related to breast cancer screening.

How do you protect my privacy?

- The ABCSP is secure, private, and confidential. The ABCSP staff are bound by the Health Information Act, which means they **only** have access to your screening mammogram results and any related follow-up test results. The ABCSP can't access any other health information or results.
- The ABCSP automatically sends a letter to all women who are eligible. If you're not sure that you want the screening results and reminder letters, please call 1-866-727-3926 or talk to your healthcare provider about the benefits of being part of the ABCSP.
- If you choose not to take part in the program you will still have full access to breast cancer screening services.

Consider having a screening mammogram every 2 years, or as decided by you and your healthcare provider.

For more information about breast, cervical and colorectal cancer screening:

- Visit our website at screeningforlife.ca
- Call us at 1-866-727-3926

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