

Frequently Asked Questions

The Enhanced Tobacco Cessation Program is a free program for anyone referred to the Alberta Lung Cancer Screening Program who wants to quit smoking cigarettes or has quit smoking within 6 months and wants support to stay quit. At this time, only doctors or nurse practitioners who are members of the Edmonton O-day'min, Edmonton Southside, Calgary Mosaic, Calgary West Central, Highland or Grande Prairie Primary Care Networks can refer to the screening program.

What is the Enhanced Tobacco Cessation Program?

The program involves meeting one-on-one with a certified tobacco educator from the primary care clinic who is trained in smoking cessation. They provide confidential, non-judgmental counselling support. Appointments are available in-person, over the phone, or virtually through Zoom. You may also qualify for additional funding for medications to help you quit.

What happens during the counselling appointments?

Counselling appointments are tailored to each person and their needs and goals. The tobacco educator first asks questions to better understand your smoking and works with you to set goals to create an action plan. The educator will set up follow-up appointments with you to see how you are doing with your plan and to problem-solve any challenges that may come up along the way.

How do I sign up?

If you have been referred to the Alberta Lung Cancer Screening Program by your doctor or nurse practitioner, the Tobacco Cessation Case Manager will be in contact with you to offer the program. The case manager will ask you some questions to get the process started. They will fax the primary care clinic to let them know you are interested in the Enhanced Tobacco Cessation Program. Someone from the primary care clinic will call you to schedule your first appointment with a tobacco educator.

Who do I contact if I have questions?

- For questions about the Enhanced Tobacco Cessation Program, call the Tobacco Cessation Case Manager at (780) 735-3643.
- For questions about the overall Alberta Lung Cancer Screening Program, call 1-866-727-3926, visit <https://screeningforlife.ca/lung/> or scan the QR code:

