

Follow-Up Appointments

Colposcopy Patients: We will see you again in the Colposcopy Clinic in **6 months**. Our clerk will mail you your appointment information.

Discharged to Healthcare Provider Patients: Call your clinic and ask to book a follow-up appointment. You need to be checked by the healthcare provider who made the referral.

Pap Tests

You will have a pap test done as part of your follow-up appointment. You don't need one done by your family doctor, while you're getting treatment or follow-up at the Colposcopy Clinic.



Problems to Watch For

 **See your family doctor or healthcare provider right away for:**

- Vaginal discharge with a bad smell.
- Chills or a fever of 38.5° or higher.



Go to the nearest Emergency Room (ER) if you have heavy bleeding (you are soaking 1 pad per hour).

For more information visit
[Screeningforlife.ca](https://www.screeningforlife.ca).

**SCREENING
FOR LIFE.CA**

Contact Information:



Healthcare Provider



Clerk



Loop Electrosurgical Excision Procedure (LEEP)

for people having the procedure in the
Operation Room (OR)



**Alberta Cervical Cancer
Screening Program**

What is LEEP?

LEEP (Loop Electrosurgical Excision Procedure) uses a thin wire loop with electrical energy flowing through it to remove the abnormal cells from the cervix. These abnormal cells are **pre-cancer** and must be treated so that they do not turn into cancer cells.

In most cases (9 out of 10 women), LEEP removes all of the abnormal cells.

Important to Know

Menstruation (Period). LEEP can be done during your period. **Please do not cancel your appointment if you have your period.**

Pregnancy. LEEP can't be done if you are pregnant. Before the procedure, you will be asked to give a urine sample for a pregnancy test and the healthcare provider will ask you for the date of your last period.



If you have an appointment for LEEP and become pregnant, call the Colposcopy Clinic right away.

They will need to rebook your appointment.



Preparing for LEEP

- **Driving.** Arrange to have someone bring you to the hospital and take you home after.
- **Time.** You will be at the hospital for about 3 to 5 hours.
- **Instructions.** We will give you an information sheet called **Instructions for Day Surgery**. This sheet has information about:
 1. When you are allowed to eat and drink before your LEEP. **Your LEEP may be cancelled if you do not follow these instructions exactly.**
 2. Where you will have the LEEP. **You may not be told the location until the day before.**



Read and follow your instructions carefully.

- **Questions.** If you have any other questions or concerns, write them down and bring the list to your appointment. We will be happy to answer these for you.
- **Allergies.** Tell your healthcare provider if you have an allergy to any anesthetics.

After LEEP

What to expect:

- You may notice brownish-black vaginal discharge, some light vaginal bleeding or no discharge at all after the procedure. All of these are normal. If you have discharge it usually lasts for 2 to 3 weeks.

To allow the cervix to heal, avoid the following for a short period of time:

- Sexual activity.
- Douching.
- Vaginal or cervical medications.

When your bleeding stops, you can go back to your usual activities. **Physical activity and exercise is okay.**

You can:

- Take over-the-counter pain meds to help.
- Return to work the day after the procedure.

If you have any questions, call the Colposcopy Clinic.

