

SCREENING FOR LIFE.CA



Regular screening is the best way to find breast cancer early

- **If you're aged 50 to 74**, have a mammogram every 2 years or as often as you and your healthcare provider have decided is best for you.
- **If you're 75 or over**, ask your healthcare provider if you may still benefit from regular screening mammograms.
- **If you're aged 40 to 49**, talk to your healthcare provider about your personal risks and benefits of screening. If you decide to screen during this time, having an annual mammogram is best.

If you notice any unusual changes in your breasts, see your healthcare provider right away.



What is the benefit of being part of the Alberta Breast Cancer Screening Program (ABCSP)?

- The radiology clinic will send your test results to you, your healthcare provider, and the ABCSP.
- The ABCSP will send you a reminder letter when you're overdue for your next screening mammogram.
- If you're not sure that you want to receive screening results and reminder letters from the ABCSP, call 1-866-727-3926 or talk to your healthcare provider about the benefits of being part of the ABCSP.

For more information on breast screening:

1-866-727-3926

www.screeningforlife.ca



Alberta Breast Cancer Screening Program

