

Cancer Screening in Alberta

Getting screened for cancer regularly is the best way to find it early, before any symptoms appear and when treatment is likely to work best.

Talk to your healthcare provider (such as a doctor or nurse) about screening for cancer.

When should you be screened for cancer?



Breast Cancer

FEMALES*

Age 50 to 74

Mammogram every 2 years

Or as decided by you and your healthcare provider.



Cervical Cancer

FEMALES*

Age 25 to 69

Pap test every 3 years

Starting at age 25 or 3 years after becoming sexually active, whichever is later (or as decided by you and your healthcare provider).



Colorectal Cancer

EVERYONE

Age 50 to 74

FIT (poop test) every year

Or as decided by you and your healthcare provider.

*Meaning sex assigned at birth.

How is cancer screening done?

A **screening mammogram** takes an x-ray of the breast to find lumps that may be too small to feel.

A **Pap test** takes a swab of cells from the cervix to find changes to them.

A **Fecal Immunochemical Test (FIT)** is a test you do yourself that checks for blood in the stool.



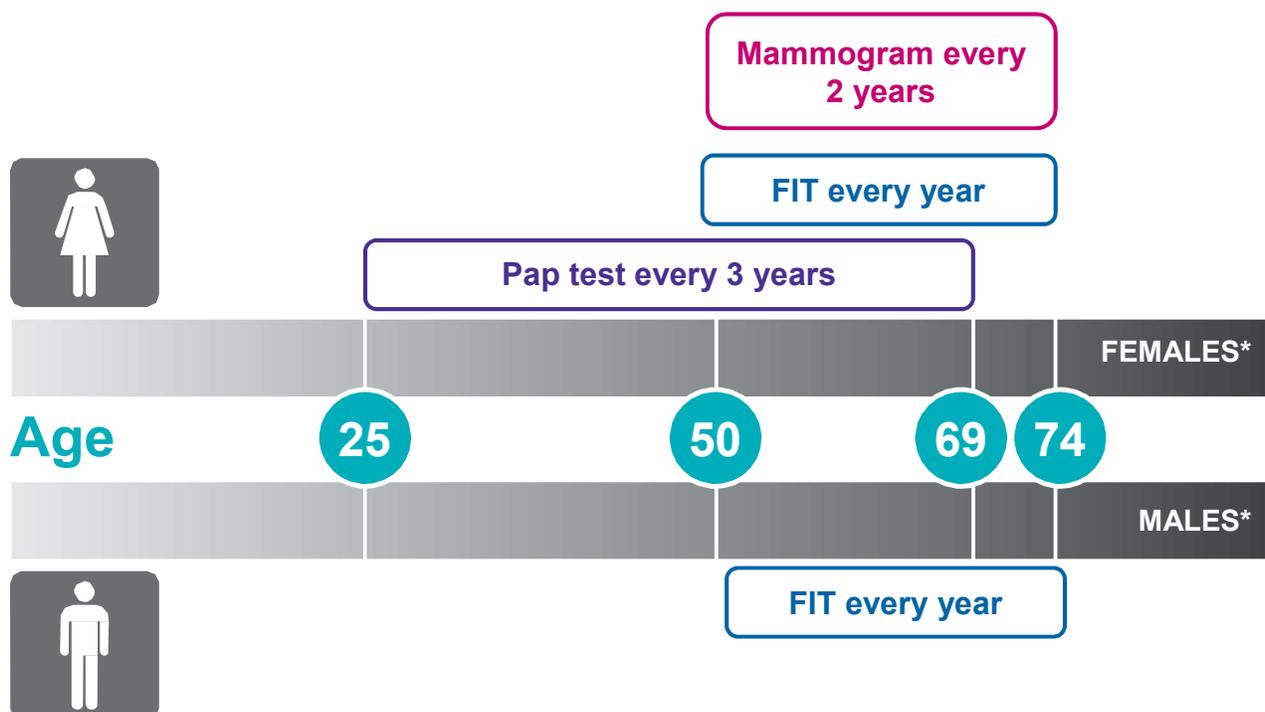
Visit screeningforlife.ca or call 1-866-727-3926 for more information.



Alberta Health Services

Screening Programs

Cancer screening in Alberta



Talk to your healthcare provider about other risk factors that you may have (such as personal or family history of cancer) to see when you should start screening for cancer and how often.

*Meaning sex assigned at birth.

How can you get screened?

If you're between 50 and 74, you can book a **screening mammogram** without a referral. Your healthcare provider will give you information on where to go for your mammogram.

Your healthcare provider can do your **Pap test** in their clinic or refer you to a female doctor or women's health clinic.

Your healthcare provider will give you a form and provide information on where to pick-up your **FIT kit**.

Visit screeningforlife.ca for more information on where to get screened.

If you need a healthcare provider:



- Visit albertafindadoctor.ca;
- Call **Health Link at 8-1-1**; OR
- Visit cpsa.ab.ca (College of Physicians & Surgeons of Alberta)



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**Screening
Programs**