

**SCREENING  
FOR LIFE.CA**

# *Should I have a screening mammogram?*



**If you're 45 to 74:**

have regular breast cancer screening mammograms

**If you're 40 to 44 or 75 and over:**

talk to your healthcare provider about your personal risk  
and need for screening mammograms

**For more information on breast screening:  
Call 1-866-727-3926 | Visit [www.screeningforlife.ca](http://www.screeningforlife.ca)**



**Alberta Breast Cancer  
Screening Program**