

## If you're a woman\* aged

## 40 to 44

Talk to your healthcare provider about your breast cancer risk and need for screening mammography.

## 45 to 74

Have a screening mammogram every 2 years, or as decided by you and your healthcare provider.

## 75+

Talk to your healthcare provider about whether continuing to screen is right for you.

\*Some transgender, gender diverse and non-binary people are also recommended to screen for breast cancer. Visit screeningforlife.ca for more details.



Find a clinic near you and book your **free** mammogram today.



