

DATE

NAME

ADDRESS LINE 1

ADDRESS LINE 2

CITY, PROVINCE, POSTAL CODE

DEAR FIRSTNAME LASTNAME:

Welcome to the Alberta Breast Cancer Screening Program (ABCSP)

The ABCSP is coordinated by Alberta Health Services in partnership with the Alberta Society of Radiologists. Our goal is to find breast cancer early when treatment works best. Because you're 45 to 74 years of age, you're part of this important program.

Where can I learn about breast cancer screening?

A mammogram is a breast x-ray used to look for signs of breast cancer. Knowing the benefits and risks of screening mammograms will help you decide what's right for you. To learn more, please read the information that came with this letter. You can also visit our website at screeningforlife.ca or call us at 1-866-727-3926 (toll free).

What do I need to do?

- ❖ If you haven't had a mammogram in the last 2 years, please think about making an appointment soon.

What else should I know?

- Radiology clinics around the province are open with safety measures to decrease the risk of spreading COVID-19. When you book your screening appointment the clinic will tell you about any safety measures you have to follow.
- To book your **free** (with your Alberta health card) appointment, see the list of clinics that came with this letter or visit screeningforlife.ca (click on "Where to Get Screened", then select "Breast" or "Mobile Breast" from the "Type of Test" dropdown menu and enter your postal code or community).
- Although it may take longer than usual to get an appointment due to the backlog and additional safety measures, clinics are prioritizing patients based on need.
- Note, some clinics may need a healthcare provider's name to book a mammogram. This is so they know where to send the results and who will follow-up, if needed.

Remember, **mammograms don't find all breast cancer**. Know what looks and feels normal for you and see your healthcare provider right away if you notice changes to your breasts.

Sincerely,



Dr. Huiming Yang
Medical Director, Screening Programs
Alberta Health Services

To update your name or address, call Alberta Health at
310-0000 (toll free) then dial 780-427-1432

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